

Difficult Conversations

LEARN is (re)discovering information.

We often avoid necessary but difficult conversations. We view them as something to be endured or avoided instead of an opportunity to encourage others. Difficult conversations challenge the speaker and the hearer to become more and more like Jesus and help us learn from each other.

Read these passages and discuss them with each other:

Matthew 18:15-20

Proverbs 12:1-22

Numbers 20:1-12

Galatians 6:1-10

James 4:1-12

Pick a passage, or more than one, and answer these questions with each other:

1. What does this passage say? (Read it twice.)
2. What is God teaching me?
3. What will I do, or change based on what I've read?

DO is acting on what we learned.

Create some fictional scenario - maybe a coworker or friend spoke poorly about you to another coworker or friend. Discuss with each other how you'd approach a difficult conversation with the person who spoke poorly about you.

Based on what you've learned and discussed, determine how you will handle having difficult conversations with each other from now on.

COACH is reviewing what we did and evaluating how it was done.

How have you engaged difficult conversations since we last talked?

Is there a conversation you think we should have, now that we've learned more about how to handle difficult conversations?

What can we do together to create a relationship where we can have difficult conversations with each other, when needed?